

Naturopathy at West Perth Osteopathy

AT WEST PERTH OSTEOPATHY WE ARE PASSIONATE ABOUT THE FUNDAMENTAL PRINCIPALS OF NATURAL HEALTH AND BELIEVE THAT INDIVIDUALS HAVE THE CAPACITY FOR OPTIMAL HEALTH AND WELLBEING.

Naturopathy is a preventative practice which assesses and assists with conditions of both body and mind. Naturopathic medicine sees conventional health sciences integrated with natural therapies and traditional medicines to balance a patient's mental, emotional and physical states.

Effective in the treatment of both acute and chronic health conditions, naturopathic treatment has a strong emphasis on the prevention of health issues and disorders.

Our Naturopath assists with a wide range of health conditions from acute to chronic.

We aim to alleviate your current health issues, address the underlying causes, and support your ongoing wellness by using a preventative approach. We use a holistic and evidence based approach to naturopathy, enhancing the natural healing response with a combination of:

- Clinical nutrition,
- Dietary modifications,
- Lifestyle advice,
- Mineral/Vitamin supplementation,
- Herbal medicine,
- and more.

Naturopathy is suitable for everyone.

Because of its holistic nature, individuals of all ages, with all varieties of health issues and conditions, may benefit from naturopathic care.

Some conditions that may benefit from naturopathic care include:

- Sport and Peak Performance
- Stress and Mood Disorders
- Thyroid Disorders
- Immune Support
- Children's Development & Behaviour
- Wellness and Healthy Aging
- Weight Management
- Digestive and Gut Support
- Musculoskeletal & Anti-inflammatory
- Cardiovascular Support
- Fatigue and Weakness
- Male Support
- Fertility Management
- Environmental Illnesses
- Allergy & Respiration
- Cancer Support

Diane Pascoe

Diane's naturopathic care emphasises the importance of addressing underlying issues predisposing individuals to a range of health conditions, from acute to chronic, and not just alleviating symptoms.

Utilising specialised functional testing and assessments, Diane is able to fully evaluate your health, enabling treatment to be tailored to the individual for best outcomes.

With over twenty years of experience, Diane works with an integrated approach to naturopathy, working closely with other health professionals to enhance patients' healing response and to optimise treatment.

Before your First Appointment...

We will ask you to complete a comprehensive [patient questionnaire](#) prior to your appointment.

Naturopathic Confidential Patient Information

Date: _____

Your information will be kept strictly private according to clinic policy. The information is necessary in assisting us to provide the best care and will not be divulged to any other person without your prior consent.

Name: _____ D.O. B. _____

Address: _____

Email: _____

Phone: (H) _____ (W) _____ (M) _____

Occupation: _____ G.P. Name & Location: _____

Marital Status: _____ Children: _____

Private Health Fund: _____

Exercise/Hobbies: _____

How did you find out about West Perth Osteopathy? _____

I do **not** wish to receive the (quarterly) Clinic Newsletter or any other clinic news/articles of interest via email.

I _____ understand that the time that I book with my practitioner/s is specifically reserved for me. Therefore **I must give 24 hours' notice to change/cancel appointments; otherwise a cancellation fee will be applied.**

This enables us to offer your appointment to other patients.

You will receive a courtesy reminder the day prior to your appointments.

INFORMED CONSENT TO NATUROPATHIC CARE

Naturopathy is a holistic approach to wellness and disease. Naturopaths assess each individual as a whole, considering physical, emotional and spiritual aspects, which may be affecting overall health and wellbeing.

Different approaches may be used during course of treatment. These modalities are, but not limited to, nutritional supplements, herbal medicine, homeopathy, flower essence therapy, individualised diets and lifestyle counselling. There are, however, risks associated with any treatment, and I am required to inform you of these. Please read the following carefully and write down any questions you may have.

It is very important that you inform your Naturopath of any diseases you may be suffering from and all medications (nutritional supplements, herbal supplements, over-the counter or prescription) that you are taking. Also, if you are pregnant, suspect you are pregnant, trying to fall pregnant, or breastfeeding. It also is important you take prescribed medications by your naturopath according to the prescription, and seek further advice if unsure.

I hereby request and consent to naturopathic care by Diane Pascoe and/or any other Naturopath working in this clinic authorised by Ray Power.

I understand, and am informed, that possible health risks associated with naturopathic care include, but are not limited to, aggravation of pre-existing symptoms during the healing process and possible reactions to herbal or nutritional supplements such as allergies, gastrointestinal disturbances and increases in blood pressure.

I do not expect the Naturopath to be able to anticipate and explain all risks and complications and I wish to rely on the Naturopath to exercise judgement during the course of treatment, which the Naturopath feels at the time, based upon the facts known, is in my best interest.

I have read the above, and I have also had the opportunity to ask questions about its content.

I intend this consent form to cover the entire course of treatment for my present condition, and for future condition(s) for which I seek treatment. I understand I can withdraw my consent at any time.

▪ **Diane Pascoe**
Dip. Applied Science (Naturopathy)
Dip. Herbal Medicine
Dip. Homeopathy

Patient's Signature

Date